



KOREAN BBQ BREASTS

3 lbs breast fillets
1 cup sesame oil
1 tbsp chili garlic sauce
½ cup white sugar
½ cup soya sauce
3 cloves crushed garlic

Slice breast into thin strips approximately 1/4 "thick. Mix ingredients and marinate meat overnight in refrigerator. BBQ hot and fast 5-8 minutes total.

Submitted by: Pat Kehoe

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