



Scrambled French Toast

4 Eggs
1 cup Milk
3 Tbsp. Sugar
1/8 tsp. Nutmeg
½ tsp. Cinnamon
½ tsp. Salt
8 Bread Slices, cubed
6 Tbsp. butter

Beat eggs, milk, sugar and spices together.

Melt butter in a 12 inch Dutch oven or use an inverted lid over the fire.
When hot, pour in the egg mixture and bread cubes.

Cook by folding the mixture until golden brown. Serve with your favorite syrup. Makes 4 servings.

Submitted by: Michael Short

Featured at the 2008 Outdoor Women's Program Wilderness Cuisine Session